



LIGHT FOR LIFE CHRISTMAS CAMPAIGN

In November each year, Centre Grey Health Services Foundation embarks upon its annual Light for Life Christmas campaign to raise money for hospital equipment and related needs. Thanks to the generosity of its many supporters, this campaign has proven to be the Foundation's most successful fundraisers since its inception in 1997. Over its fourteen year run, the Light for Life campaign has generated an impressive grand running total of over **\$698,000!**



Not only has Light for Life been an important fundraising event, it has also become a valued tradition for three different groups of volunteers: Centre Grey Hospital Auxiliary members, Foundation Board members, and friends of Centre Grey Health Services Foundation. During the last week of October each year, these volunteers come together and stuff, stamp, seal and bundle all of the envelopes for the campaign – a number that exceeds 10,000 each year! The annual “stuffing” day is enjoyed by all who attend. The Foundation couldn't manage Light for Life without the many volunteers who graciously help out year after year – many thanks to all of you!



As the 2010 Light for Life campaign comes to an end,

LIGHT FOR LIFE 2010 RESULTS

As of **January 20th, 2011** an outstanding total of **\$63,764** has been raised! Thank you to everyone who supported this year's campaign!



Centre Grey Health Services Foundation wishes to once again extend their thanks and appreciation to all the donors and volunteers who supported it and helped in making the campaign such a success!

NEW DOCTOR IN MARKDALE

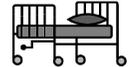


It was recently announced that **Dr. Duried Jamal** has agreed to commence family practice at the Markdale Community Health Clinic, effective in early February 2011. Dr. Jamal, who comes to our community from Alberta, will also practice in the ER at Centre Grey Hospital in Markdale. We extend a warm welcome to Dr. Jamal and wish him well in his new practice!

NEW HOSPITAL EQUIPMENT STARTS TO ARRIVE AT CENTRE GREY HOSPITAL

Donors to Centre Grey Health Services Foundation are always eager to know how their gifts are being used. We are pleased to report that some of the new equipment purchased by the Foundation started to arrive at Centre Grey Hospital during the first week of January 2011. These items include:

- **Zimmer Operating Room Tourniquet** - which is a compression device used in the operating room during orthopaedic surgeries to constrict the flow of blood to another part of a patient's body
- **2 Techlem Stretchers** – which are used for Bariatric patients and for patients waiting for admission to the hospital. Besides being easy to keep clean and move around, these stretchers give patients more room than an ordinary stretcher would.
- **2 Carroll Hi-Low Beds** - these beds are equipped with a scale so the patient can be weighed while they remain comfortably situated in the bed. The beds are outfitted with an alarm so that the nursing staff will be notified immediately if the patient leaves the bed.



The **Portable Ultrasound Machine** is expected to arrive later in January and the two digital **Electrocardiogram Machines** are expected to arrive by late spring 2011, along with a new **Blood Bank and Chemistry Refrigerator** for the Hospital Laboratory.

The total cost of all of the equipment that CGHSF has provided funding for is approximately \$205,000. Funds for these purchases were raised during the Foundation's 2010 fiscal year (Apr/1/2010 – Mar/31/2011), through various fundraisers, including; the May Charity Concert event, the July Silent Auction, the October CKNX Health Care Heroes Radiothon, the November Curling Bonspiel, through the annual Light for Life Christmas campaign and through memorial donations. Thank you to all those who supported CGHSF throughout the year, which enabled the Foundation to help keep Centre Grey Hospital equipped and up-to-date for its patients!



DID YOU KNOW?

The *Centre Grey Hospital Auxiliary* has provided additional funding for the installation of a new automatic ice-dispensing machine for Centre Grey Hospital, which will ensure that ice can be provided and delivered to all patients throughout the entire hospital in a safe and sterile manner, along with a number of other items including; an automatic blood pressure & oxygen saturation machine, a vaccine refrigerator, patient room chairs, over bed tables with matching bed side units and an elliptical machine, all of which are expected to arrive in the coming months. Our thanks & congratulations go to all the dedicated members of our Hospital Auxiliary!



THE NEW HOSPITAL

The period from mid-December to mid-January has been typically quiet in terms of news releases from Queen’s Park, so we have little to report at this time. Our next newsletter, to be published in June, will provide fresh updates. In the meantime, please visit our website at cghsfoundation.com for current information and past news articles.

CENTRE GREY HOSPITAL AND ITS REGIONAL PARTNERS

Centre Grey Hospital is a member of the Grey Bruce Health Services family of hospitals. Sister hospitals are located in Meaford, Southampton, Wiarton, Lion’s Head, and Owen Sound. These hospitals are closely integrated both in their administration and in the provision of medical care. Owen Sound Regional Hospital is our regional health care centre, providing a range of specialized services such as chemotherapy, MRI and CT scans, dialysis, and complex surgical procedures.



INTERESTING STATISTICS:

In 2009/2010 there were **6,569** visits made by **Centre Grey residents** to the **Owen Sound Regional Hospital** for specialist care, including:

- Chemotherapy Treatment
- Oncology Visits
- MRI Examinations
- Dialysis
- Surgical Cases
- Rehabilitation Visits
- CT Scan Appointments
- Ambulatory Care (Emergency) Visits



Meanwhile, Centre Grey Hospital provided essential service to many thousands of patients who would otherwise have had to rely on the Owen Sound Hospital for emergency services, surgical procedures, diagnostic tests, laboratory procedures, and other types of care that are well-provided locally. Clearly this is a partnership that works. Future Foundation newsletters will tell you more about the excellent medical relationship that exists between Centre Grey Hospital, Grey Bruce Health Services and the Owen Sound Regional Hospital.



LOOKING BACK - CGHSF’S CHARITY BONSPIEL

Our first annual bonspiel was a great success for the Foundation and for the curlers who came out to join in the fun.

- Over **\$5,500** was raised through team sponsorships to assist with the purchase of hospital equipment.
- 32 people took part in the bonspiel, coming from Temple Hill to Brampton and numerous communities in between.

The participants included a combination of experienced and new curlers. Shawna Phillips



conducted a fantastic short clinic for the beginners, to help them feel comfortable out on the rink. What followed was a great social event, good curling, excellent food at the wind up buffet dinner and everyone going home with a prize.

CGHSF’s second Charity Bonspiel is scheduled for **Saturday, November 12th, 2011** so mark your calendars, line up your teams and come out and enjoy the social side of curling with us! Thank you to everyone who helped to make the first annual bonspiel such a success for CGHSF!



LOOKING AHEAD – COMING EVENTS

CGHSF CHARITY TRIBUTE CONCERT

SATURDAY, MAY 7th, 2011

Presenting Canada’s Premier ALL-LIVE BEATLES



SHOW BY THE CAVERNERS

At the Markdale Golf & Curling Club

TICKETS - \$25 Each

LCBO, Table Seating, Dance Floor, Desserts

8:00pm Doors Open 8:30pm Showtime

Pre-concert **Dining Available** at all Sponsor Locations

Visit cghsfoundation.com for details